

The Counseling Center Monthly Happenings

AUGUST 2022



AUGUST IS NATIONAL FAMILY FUN MONTH!



See page 3 for family fun ideas from the TCC Staff!

AUGUST EMPLOYEE SPOTLIGHT

Susan Gonzalez

Our August employee spotlight is our CFO, Susan!

Susan takes care of the business finances and so much more! When she's not processing payroll or paying bills, she's helping un-jam copy machines, making coffee, and being as helpful as she can be. She is always willing to take time out of her busy schedule to answer our questions and offer advise.

This month, we celebrate Susan and thank her for everything (big & small) she does!

Quote of the Month:

"Families are like branches on a tree. We grow in different directions yet our roots remain as one."

- Anonymous



Community Rebuild Corner

The Emergency Food and Shelter Program is a FEMA-funded program authorized by the McKinney-Vento Homeless Assistance Act of 1987. The program supplements and expands the ongoing work of local nonprofit and governmental social service organizations to provide shelter, food, and supportive services to individuals and families who are experiencing, or at risk of experiencing hunger and/or homelessness.

The Counseling Center has received funding to provide both emergency shelter and food for individuals in need. The Program is scheduled to begin in early August.

Referrals can be directed to Nadia Sikes (575) 921-1667.



Free Tutoring!

We offer free tutoring services for ages 10-17!

Contact Wendy at wvera@tcc-nm.org for more information.

Mental Health Counseling



We are actively accepting new clients for mental health, substance use, and tele-med services! Call us today at (575) 488-2500.

CBPIR Blurb of the Month...

WHAT IS CBPIR?

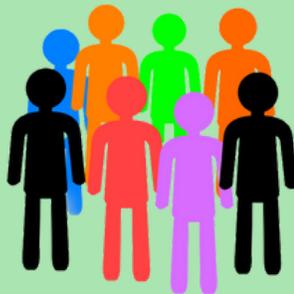
Community Based Prevention, Intervention, and Reunification Services!

ACTIVE PARENTING

"The purpose of "Active Parenting" is to protect and prepare our children to Survive and Thrive in the society they will live in. Parents help children develop these character traits and skills that it will take to succeed in today's society."

The Counseling Center Groups

- MINDFULNESS TOOLBOX
- RECOVERY GROUP
- LGBTQIA* ADULT GROUP
- LGBTQIA* YOUTH GROUP
- RETIRED GRIEF GROUP



CALL US TODAY TO SAVE YOUR SEAT IN THESE WEEKLY GROUPS!

Mural News!



MURAL PAINTING PARTICIPATION!
YOUTH AGES 13-21 CAN ASSIST THE ARTIST IN PAINTING THE MURAL:

- MONDAY-FRIDAY BETWEEN 4PM & 6PM (WEATHER PERMITTING)
- UNDER 16 MUST HAVE ADULT SUPERVISION
- WAIVER MUST BE SIGNED TO PARTICIPATE

SAVE THE DATE!
COMMUNITY MURAL DEDICATION/CELEBRATION
SEPTEMBER 9, 2022

TCC August Birthdays!

BRENDA MOTLEY-LOPEZ, LMSW - AUGUST 2

KIM RICHARDS, CEO - AUGUST 4

CECILIA (CECE) BERNAL - AUGUST 9

JOIN US IN SAYING HAPPY BIRTHDAY TO OUR AMAZING STAFF!

"They say it's your birthday!"

Overdose Prevention

Join us for our monthly meetings:
The last Monday of each month
at 3:00 pm via Zoom!
Contact Autumn at ahobson@tcc-nm.org

SAVE THE DATE!
RECOVERY CELEBRATION 2022
SEPTEMBER 30, 2022!



@OteroPDOPS



TCC Diversity! Behind the Scene: From the CEO

Proudly TCC has a diverse team of workers, creating and fostering diverse teams within our organization improves the overall productivity, culture, and morale of our agency. Having a diverse team of workers helps our organization discover unique solutions and make effective decisions. While we base our hiring on qualifications, merit and abilities first, we also intentionally keep in mind our desire to have a diverse group of qualified workers to reflect our community.

Having a team of workers who have different backgrounds, ethnicities, genders, religions, spiritualities, marital status, ages, skills and views are all included in building a diverse team.

Having a diverse and inclusive team of employees is important for the success of our business. It creates an environment of innovation where many different perspectives and life experiences can enrich all of our business processes and inform our decisions. It helps prevent blind spots and making embarrassing choices.

There are many reasons why teams become homogeneous, but unconscious bias has a lot to do with it. It is always best to build a team consciously and intentionally from the start.

TCC has, as long as I can remember, aimed for diversity when choosing qualified new employees. This allows us to have a team of workers that has a wider variety of skill sets and mindsets.

A diverse team of workers offers us a wider variety of perspectives. When searching for solutions, we tend to pull from our own experiences. When a team consists of similar members they are known as a homogeneous team.

Because people pull from their own experiences to solve problems, a homogeneous group will solve the problem based on what they collectively know best. A homogeneous team cannot account for or keep in mind how others might see it differently.

To them, it might seem like a good way to solve the problem, but outsiders who have different backgrounds might disagree. They might even feel excluded from the narrative, to begin with.

Not only does having a diverse team of workers bring more skills to the table, it also allows teams to solve problems with a wider lens and broader perspective based on their personal experiences and backgrounds.

TCC does not discriminate in employment opportunities or practices on the basis of race, color, religion, gender, national origin, age, disability, sexual orientation or any other characteristic protected by law.



Family Fun Ideas!

WE ASKED THE TCC STAFF WHAT THEY DO FOR FAMILY FUN...HERE'S WHAT THEY SAID:

"GO TO THE ZOO, WATCH MOVIES, GO HIKING" - ROBYN

"WALK OUR CAMELS, PLAY WITH OUR DOG" - SHEREL

"HIKING, CAMPING, OUTDOORSY STUFF" - DEE

"COOK TOGETHER, TAKE A DRIVE FOR ICE CREAM" - CECE

"PLAY WITH GRANDKIDS, SWIM" - SHERRY

"GO BOWLING, GO SWIMMING" - WENDY

"EAT, PLAY SCRABBLE" - NADIA

"PLAY CARDS, EVENING OUT TO DINNER & ENTERTAINMENT, COOK" - JOHN

"RIDE MOTORCYCLES, EAT, GO THE MOVIES" - LEE

"EAT, COOK, WATCH MOVIES, PLAY GAMES, GARDEN" - BRENDA

"HIKE, JUST HANG OUT, WATCH MOVIES" - SENA

"PLAY BOARD GAMES, GO TO THE WOODS" - KENNY

"GO OUT TO EAT, GO SHOPPING, VISIT LOCAL ATTRACTIONS" - SUSAN

"FAMILY COOKOFFS!" - KIM

"EAT, PLAY GAMES, PLAY WITH OUR DOG, GO TO THE MOUNTAINS, WATCH TV & MOVIES" - AUTUMN

"PLAY BOARD GAMES, GO TO YARD SALES, GARDEN, WATCH OLD MOVIES/SHOWS" - KEITH

"SCAVENGER HUNTS, PICNICS IN THE PARK, GARDEN, BAKE & COOK TOGETHER, WATCH MOVIES" - MICHELE

WANT TO BE ON OUR EMAIL LIST? LET US KNOW!

EMAIL US AT: OUTREACH@TCC-NM.ORG!

