PARENTS, FAMILY, FRIENDS & PARTNERS OF LGBTQIA* PEOPLE THERAPY GROUP (for adult participants 18+)

Facilitator: Nathaniel Lukas Redekopp, PhD, LPCC, C-DBT, CPDT-KA

Group meets every other Wednesday evening at 5:00 pm at The Counseling Center

This therapy group is a supportive, non-judgmental place to work with feelings, connect with resources, and to learn & practice self-care and interpersonal communications skills to more effectively support a LGBTQIA* loved one in your life.

While group participants are adults ages 18 and older, the LGBTQIA*-identified folks in their lives may be of any age.

To request to join this confidential therapy group, please email nlredekopp@tcc-nm.org or call 575-488-2500.

A preliminary screening session may be required if there is no referral from a TCC therapist.

