



The Counseling Center Monthly Happenings

MARCH 2023



MARCH EMPLOYEE SPOTLIGHT

John Baldonado

This month our employee spotlight is focused on John Baldonado, LADAC.

While John has been a fulltime TCC employee just since August of 2021, he has been working in the Substance Use field for 39 years within this community and in New Mexico! His commitment to helping individuals that are dealing with substance use issues is apparent by his involvement both locally and state wide. John currently sits on the Independent Peer Review Committee (IPRC) and the Board of New Mexico Addiction Education Network (NMAEN).

John has been in recovery over 40 years and has earned the respect of many others in recovery.

He is a valuable asset to The Counseling Center and this community and we are so grateful for his commitment and the skills he brings to the table as a LADAC for TCC.

"Way to go John we so appreciate you!"

*This Community's Choice for
Trusted Comprehensive Care*

MARCH IS



National Social Work Month

See page 3 for more info about Social Work & the Community Rebuild Farewell!

Quote of the Month:

"March is the best time to start again, because if the spring can do it, why can't you?"

-Unknown



We Are Accepting New Clients!

- MENTAL HEALTH THERAPY!
- SUBSTANCE USE COUNSELING!
- IN-HOME FAMILY SERVICES!
- LGBTQIA* SUPPORT!
- TELE-MED SERVICES!
- FREE TUTORING!

CALL US TODAY AT (575) 488-2500!
WE ACCEPT MOST INSURANCES!



WHAT SEEDS DO YOU WANT TO PLANT TODAY?



@POSITIVE & PRESENT



Donate

Your generous donation to TCC will not only benefit our programs, but also our community!

PLEASE CONSIDER DONATING TODAY!



MOST OF OUR YOUTH PROGRAMS ARE FREE FOR OUR COMMUNITY

CBPIR Blurb of the Month...

CASE MANAGERS ADVOCATE FOR CLIENT WELLNESS!

Case managers will work to develop a family plan that will properly target the family's needs while coordinating with local resources to help them with personal goals.

**CBPIR CASE MANAGERS DEE SAMFORD & KENNY STEPHENSON
FAMILY OUTREACH SPECIALIST ROBIN VERDUGO**

Our wonderful case managers assist TCC clients with a sense of honor and compassion in building lasting relationships and guidance in community services!



"Alone we can do so little; together we can do so much." -Helen Keller, US author, educator, and disability rights advocate.

INTERNATIONAL WOMEN'S HEALTH MONTH

THE OCCHC'S WOMEN OF COLOR SEXUAL EMPOWERMENT SERIES:

Let's Talk about Sex!
Women of Color
Sexual Empowerment
Series

This five-part series will explore human sexuality, self & identity, sexual empowerment, healthy sex practices and more!

Searching for community to learn and unlearn about your sexuality, sexual health, find resources and hear from experts?

Meet us on our OCCHC Youtube!

CONTACT US!
occhc.coordinator@gmail.com

OR
(575) 489-2500 ext. 127
hblanchard@tcc-nm.org



This five-part series focuses on women of color exploring their human sexuality, self-identity, sexual empowerment, healthy sex practices, and more.

Our goal is to reach women of color in Otero County and beyond with information that will help us learn & unlearn topics such as sexual liberation, sexual awareness, sexual pleasure, and sexual health on an educational and supportive platform.

Check out our episodes here:

www.youtube.com/@otero-county-community-health9674

TCC March Birthdays!

ANNIE SCHOOLCRAFT - MARCH 1

ROBYN VERDUGO - MARCH 20

SENA MATTHEWS - MARCH 30

JOIN US IN SAYING HAPPY BIRTHDAY TO OUR AMAZING STAFF!

"They say it's your birthday!"

No Excuse for Child Abuse!

Otero & Lincoln County
Child Abuse Awareness
Health Fair!

Monday, April 3, 2023

2:00 - 6:00 pm

Inn of the Mountain Gods
Banquet Room

- Local Resources
- Family Friendly
- Giveaways
- Free Blue Pinwheels!
- Child Abuse Prevention Information

Wear Blue to Show your Support!

CBPIR
PULLTOGETHER.ORG



Overdose Prevention

FREE NARCAN TRAININGS!
FREE DETERRA BAGS!

AHOBSON@TCC-NM.ORG OR
JBALDONADO@TCC-NM.ORG



@OteroPDOPS



National Social Work Month By: Howard Hill, Clinical Director

NATIONAL SOCIAL WORK MONTH WAS FIRST ORGANIZED IN MARCH 1963 BY THE NATIONAL ASSOCIATION OF SOCIAL WORKERS AS A WAY TO ENCOURAGE PUBLIC SUPPORT FOR THE PROFESSION OF SOCIAL WORK!

Did You Know?

Professional Social Work originated in 19th Century England by Jane Addams

The primary mission of Social Workers is to enhance human well-being and help meet basic & complex needs of all people.

By the early 2000's, social workers made up the largest percentage of professionals working in the mental health and family services fields!

Social Workers can now be found in mental health settings, private practice, hospitals, public schools, Dept. of Defense and Administration.

For more information on the diverse profession of Social Work, visit the web at:

National Association of Social Work: www.socialworkers.org

New Mexico Board of Social Work: www.rld.nm.gov>boards-and-commissions

"We stand today united in a belief in beauty, genius, and courage and that these can transform the world." - Jane Addams

Community Rebuild Farewell By: Nadia Sikes

As the Community Rebuild Grant comes to a close on February 28th 2023, I've reminisced about the many and varied opportunities that have emerged over the past year – opportunities to engage with the many non-profit agencies in Otero County and coordinate resources, advertise resources, and strategize with the agencies regarding expanding their outreach and resources.

Early in 2022 working with PNM, Community Rebuild acquired a grant to provide an educational event for middle & high school students to learn about the new marijuana laws using the arts (music, poetry, visual arts). The event will take place in April 2023 in conjunction with the Alamogordo Public Schools.

Over the years, Otero County has hosted numerous film crews for both movies & commercials. Working with the Otero Film Office and the under-renovation Sands Theater in Downtown Alamogordo, a Film Museum is underway to commemorate the years of film production, slated to open in May 2023.

On November 5th 2022, working with over 40 agencies, Mountainview Church and the Otero County Health Department, the DAY of HOPE, an event to provide information, resources and tangible services to the unsheltered and food insecure folks in our community was held. Over 1000 tangible services were provided to those in need including free telephones, hygiene kits, food cards, and spay & neuter vouchers for folks who have pets.

Community Rebuild worked closely with 100% Otero and Housing and Urban Development (HUD) to conduct the 2023 Point in Time (PIT) Count. The City of Alamogordo, County of Otero and the Regional Housing Authority provided funding for the week-long count. We put together interview teams who spoke with over 47 homeless folks in our community. 100% Otero and Community Rebuild will provide the funding agencies with a comprehensive, evidence-based report that could result in a plan and services to help our homeless folks.

When FEMA awarded The Counseling Center with a grant for emergency food & shelter, we were able to house over 60 people with over 366 nights of hotel stays. Receiving referrals from the Mobile Crisis Team, law enforcement, churches and counselors, we've been able to safely house homeless individuals and families for short-term stays at local hotels to give them a respite from sleeping in their automobiles or on the streets.

Community Rebuild and the information and resources we've been able to assemble and provide to the community has been a success!

Lastly, thank you Con Alma for this successful Community Rebuild Program!

Thank you all for your support this last year!
-Nadia



CON ALMA
HEALTH
FOUNDATION

